Additional 211 materials are available. If your business, church or organization would like to distribute 211 materials, call 211 or visit uwswac.org/2-1-1.

CLOTHING/HOUSEHOLD

Career Closet

715-424-7544 Provides men, women and students in need of appropriate clothing for job interviews and new jobs at no cost.

The Caring Closet

715-424-6777

Provides clothing, school supplies, hygiene products, etc. to students in need. Contact a school counselor or social worker in the Wisconsin Rapids School District for more information.

The Shepherd's Loft at Baker Street Wesleyan Church 715-421-5335

Provides free clothing, shoes and linens. No screening process. Open Tuesday and Friday 9am - 12pm by appointment.

CHILD CARE RESOURCES

Childcaring, Inc.

715-841-9490 or 800-628-8534, www.childcaring.org Assists parents in their search for childcare. Referrals to certified/licensed childcare, informational materials, etc. Good Start Grants help low-income families pay for childcare.

Northern Income Maintenance Consortium

888-794-5722, www.access.wisconsin.gov Determines eligibility for MyWIChildCare, which helps families pay for child care.

AGING AND DISABILITY RESOURCES

Aging & Disability Resource Center of Central Wisconsin 888-486-9545, www.adrc-cw.org

Serves adults 60+ and individuals with disabilities who are over 18 years. Promotes independence with information, counseling, advocacy, etc. Also serves families, caregivers and friends.

Park Place Adult Day Services

715-422-2795, www.ppads.org Serves any vulnerable, demented or dependent adult. Primary goals are to stimulate the mind and senses of the client while providing respite for caregivers.

Opportunity Development Centers

715-424-2712, www.odcinc.com Empowering people with disabilities to achieve their work and life goals.

4U Adult Day Service

715-712-1169, www.4udayservice.com Provides adult day services to adults 18+ who have developmental disabilities. 4U offer its members opportunities to choose their daily activities.

FINANCIAL COUNSELING RESOURCES

Extension - Wood County

715-421-8440, www.wood.extension.wisc.edu Helps residents acquire knowledge and resources; then evaluate and apply positive financial decisions to develop financial security.

TRANSPORTATION RESOURCES

Wood County Elderly/Disabled Transportation Program 715-421-8989 Call to schedule a ride. Bus transportation is provided Monday-Friday, 9:30am-2pm.

HEALTH INSURANCE RESOURCES

Covering Wisconsin

608-261-1455, www.coveringwi.org Provides free assistance year-round to find and use health insurance.

Northern Income Maintenance Consortium

888-794-5722, www.access.wi.gov

Badger Care Plus provides health insurance to: children under 19, adults 19-64 who are not receiving Medicare. Eligibility is based on income. Wisconsin's Medicaid provides health care for 65+, blind or disabled with income and asset limits.

VOLUNTEER RESOURCES

United Way of South Wood & Adams Counties' Volunteer Center

715-421-0390, www.uwswac.org Get connected with local volunteer opportunities that interest you. Contact Ben for information at 715-421-0390 or ben@uwswac.org



On your phone, dial 9-8-8 or 1-800-273-TALK(8255) Text 988 or visit 988lifeline.org to chat

Provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.

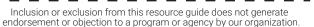
Uplift WI Warmline

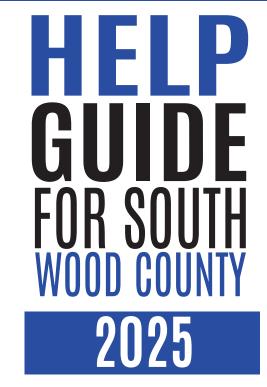
534-202-5438 Warmline that connects callers to peer specialists.

PRESCRIPTION DISCOUNT CARDS

United Way of South Wood & Adams Counties 715-421-0390, www.uwswac.org/singlecare Cut this out and place in your wallet for immediate use.







This guide is a collaborative project of:



Get Connected. Get Help.™ WWW.UWSWAC.Org/2-1-1



351 Oak Street, Wisconsin Rapids, WI 54494 715.421.0390 www.uwswac.org



UNITED WAY'S 211

On your phone, dial 211 or 1-877-947-2211 www.uwswac.org/2-1-1 Text your zip code to 898211 211 is a simple, free, confidential referral and information helpline and website that link people from all communities and ages to the essential health and human services they need, 24 hours a day, 7 days a week.



FOCUS Food Pantry

715-422-2050, www.focusofswc.org Provides food to families and individuals in need. Applicants are screened for income. Hours are Monday, Thursday, and Friday 12:00pm - 3:45pm; and Tuesday 4:00pm - 6:45pm. FOCUS also has an infant pantry and a personal essentials pantry provided upon availability.

FOCUS Neighborhood Meals

715-422-2050, www.focusofswc.org Provides free meals on Thursdays from 4:30pm-5:45pm. Call or visit website for more information.

Aging and Disability Resource Center of Central Wisconsin - Meals on Wheels

888-486-9545 For information & reservations, www.adrc-cw.org Home delivered meals for ages 60+. Call to sign up. \$6.00 per meal suggested donation.

FoodShare - Northern Income Maintenance Consortium

888-794-5722, www.access.wi.gov Determines eligibility for individuals and families for FoodShare, which is used to buy nutritious food.

WIC - Wood County Health Department

715-421-8950

www.woodcountywi.gov/departments/Health/WIC.aspx Provides nutrition education, breastfeeding support, healthy foods and healthcare referrals for pregnant, breastfeeding, or postpartum women; infants; children; and foster children up to age five.

Ruby's Pantry

www.rubyspantry.org/location/109 Food distribution takes place 3rd Saturday of every month from 8am-9:15am at Pitsch School, 501 17th St. S., Wisconsin Rapids. Cost is \$25/food bundle, no income restrictions.

Senior Stockbox

211 or 877-947-2211

Provides a free box of food to income-eligible seniors ages 60+. Available once per month; registration required. Call United Way's 211 to register.

HOUSING AND UTILITY RESOURCES

Housing Authority - Wisconsin Rapids 715-423-7288, www.wisrapha.org Provides subsidized housing at various locations for eligible low-income families, the elderly/50+, and/or persons with disabilities in the Wisconsin Rapids area. No

North Central Community Action Program

emergency housing/waitlist available.

715-424-2581, www.northcentralcap.org Emergency housing payment assistance. Must have source of income and an eviction notice.

Forward Service Corporation - Wisconsin Rapids

855-733-1311, www.access.wi.gov Emergency assistance may provide help with security deposit, first month's rent, to prevent an eviction for nonpayment of rent or utility disconnection.

Wood County Human Services Energy Assistance Program

To apply for Energy Assistance go to: www.energybenefit.wi.gov or call 800-506-5596 If in a crisis situation, like no heat or disconnection notice, call 715-421-8654 Provides assistance with utility bills and bulk fuel. May also assist with purchasing or repairing water heaters and heating/cooling units. Water conservation program

Rural Housing

available. Call for more information.

888-400-5974, www.wisconsinruralhousing.org Rent/Mortgage Assistance: Assists income-eligible clients with payment towards rent and security deposits, back taxes and mortgage payments to prevent foreclosure.

Utility Assistance: Offers payment assistance to eligible clients facing eviction because of past due utility bills. No assistance if disconnected. Budget plan required. Funds may be limited.

Catholic Charities St. Lawrence Community Services 715-849-3311, www.cclse.org

May assist with rent and/or utilities. Not emergency assistance. Due to increased need, the assistance time frame varies and can be longer than 6 weeks. Requires multiples meetings and funds are not guaranteed. Income eligibility requirements. Call to apply.

enTouch Wireless

and recovery services.

Contact United Way's 211 to find out how to apply. Offers free wireless cell phone minutes to eligible individuals. Must have own phone.

ADDICTION AND MENTAL HEALTH/ABUSE

Wisconsin Addiction Recovery Helpline 833-944-4673, www.addictionhelpwi.org Statewide resource for finding substance use treatment

Alcoholics Anonymous Meetings 715-229-5444, www.wiaadistrict3.org

Narcotics Anonymous Meetings 800-240-0276, www.wisconsinna.org

Al - Anon Family Meetings 888-425-2666, www.area61afg.org

Nar - Anon Family Meetings 800-477-6291, www.nar-anon.org

Wood County Human Services 715-421-8840

Mental health, alcohol/drug abuse services for Wood County residents.

Clinical Services

715-712-1370, www.clinicalservices.com Counseling for families and individuals. Accepts insurance, BadgerCare and discounts for cash-pay.

Wood County Crisis Intervention - Human Services 888-552-6642 Crisis Line Crisis phone services available 24/7.

Central Wisconsin Counseling Associates 715-424-6960

www.centralwisconsincounselingassociates.com An Outpatient Mental Health Clinic that provides individual, marriage, and family counseling for all ages. Accepts a variety of commercial and Medicare Insurance.

Wisconsin Rapids Family Center

715-421-1511, 24 Hour Crisis Line, www.familyctr.org Services to assist individuals and families experiencing domestic or sexual violence. Includes safety planning, counseling, advocacy services and safe shelter. Services are free and confidential.

ODC's Opportunity for Hope

715-818-6443, www.odcinc.com Outpatient mental health clinic, supporting adults, adolescents and children.

EDUCATIONAL/VOCATIONAL SERVICES

Job Center

715-422-5000, www.jobcenterofwisconsin.com www.dwd.wisconsin.gov Local and statewide job openings, resumes and cover letters, state and federal civil service internet sites, job search techniques, etc.

Division of Vocational Rehabilitation

800-469-0917 www.dwd.wisconsin.gov/dvr Provides services for individuals with disabilities to obtain, maintain or improve employment.

Mid-State Technical College

888-575-6782, www.mstc.edu Higher education provider of associate degrees, technical diplomas, and certificates in a wide variety of in-demand fields.

Wisconsin Department of Workforce Development Must apply online at: www.my.unemployment.wisconsin.gov Call the Job Center at 715-422-5000 with questions.