HEALTHCARE AND INSURANCE RESOURCES

Noble Community Clinic- Wautoma, Mauston, Beaver Dam, & Stevens Point

800-942-5330, www.nobleclinics.org Reduced cost dental care. Serves all people in need. Accepts many forms of insurance including Medicare, Medicaid & Badgercare. Sliding Fee scale available for uninsured, based on family size and income. Medical services also available in Wautoma and Friendship.

Capital Consortium - BadgerCare

888-794-5556 Call Center, www.access.wi.gov Determines eligibility for BadgerCare Plus and Medicaid.

Covering Wisconsin

608-261-1455, www.coveringwi.org Provides free assistance year-round to find and use health insurance.

EDUCATIONAL/VOCATIONAL SERVICES

Job Center - Adams County

608-339-9559, www.jobcenterofwisconsin.com Local center for: current job openings anywhere in Wisconsin or US using internet based programs; job application forms for many area employers; assistance with resume writing; job placement assistance for Veterans; free fax and phone lines; help using the internet.

Division of Vocational Rehabilitation

800-469-0917 Toll Free, www.dwd.wisconsin.gov/dvr Program to assist individuals with disabilities to find, maintain or look for better employment.

Mid-State Technical College

888-575-6782, www.mstc.edu Higher education provider of associate degrees, technical diplomas, and certificates in a wide variety of in-demand fields.

Wisconsin Department of Workforce Development

www.my.unemployment.wisconsin.gov Must apply online. If questions call the Job Center at 608-339-9559.

TRANSPORTATION RESOURCES

Faith In Action of Adams County

608-339-0504

Volunteer organization that helps our seniors and disabled individuals live independently in their home for as long as possible. Services may include transportation, yard work and friendly visits. We offer quality services at no cost.

Aging & Disability Resource Center

608-339-4251, www.co.adams.wi.us Transportation services available for 60+, veterans or disabled persons. Transportation to medical appointments is a primary service and a priority for all clients. A ride to other locations may also be provided if there is availability. Co-pay is required.

AGING AND DISABILITY RESOURCES

Aging & Disability Resource Center

608-339-4505 ext. 4, www.co.adams.wi.us Initiates, coordinates and administers programs that help older adults (age 60 plus) remain active, contributing citizens of the community. Programs include elder abuse intervention, caregiver support and services, home delivered meals, hearing/vision assistance, support groups, transportation and volunteer opportunities.

SUICIDE AND CRISIS LIFELINE

On your phone, dial 9-8-8 or 800-273-TALK(8255) Text 988 or visit 988lifeline.org to chat

Provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.

Uplift WI Warmline

534-202-5438

Warmline that connects callers to peer specialists.



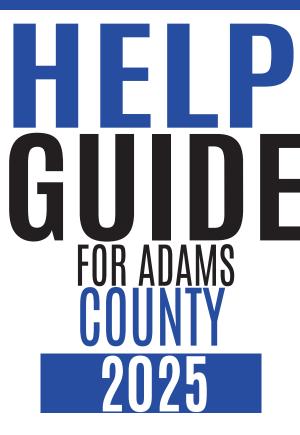
PRESCRIPTION DISCOUNT CARD

United Way of South Wood & Adams Counties

715-421-0390, www.uwswac.org/singlecare Cut this out and place in your wallet for immediate use. Use as often as needed.



Inclusion or exclusion from this resource guide does not generate endorsement or objection to a program or agency by our organization.





Get Connected. Get Help.™
WWW.UWSWaC.Org/2-1-1



351 Oak Street, Wisconsin Rapids, WI 54494 p. 715.421.0390 www.uwswac.org

UNITED WAY'S 211

United Way's 211

On your phone, dial 211 or 877-947-2211 www.uwswac.org/2-1-1 Text your zip code to 898211 211 is a simple, free, confidential referral and information helpline and website that link people from all communities and ages to the essential health and human services they need, 24 hours a day, 7 days a week.

FOOD RESOURCES

Central Wisconsin Community Action Council - Adams County Food Pantry

608-393-2641, www.cwcac.org Emergency food for families and individuals in need. Clients do not need a referral. The USDA food pantry is open every Wed. from 1pm - 4pm and Fri. from 9am - 12pm for a once-a-month food pick-up.

Second Harvest Food Bank of Southern Wisconsin

www.secondharvestsw.org

A mobile food pantry that offers shelf-stable, refrigerated and frozen foods once a month. Open to the public with no cost. Held at A-F Middle School the third Wed. of every month at 4pm. Bring own containers.

Capital Consortium - FoodShare

888-794-5556 Call Center, www.access.wi.gov Provides various services to enable clients to achieve self-sufficiency and economic independence, including FoodShare.

Adams County Public Health - WIC

608-847-9375 Adams County, www.signupwic.com The WIC Nutrition program provides health screening, nutrition education and supplemental food for pregnant and breastfeeding women, infants and children up to age five.

Aging & Disability Resource Center - Nutrition Program

608-339-4251, www.co.adams.wi.us Home delivered meals for ages 60+. Call to sign up. \$4.00 per meal is the suggested donation.

Adams-Friendship Area School District -Summer Food Service Program

608-339-3921 ext. 1113

Call or go online to www.afasd.net for specific dates, times and dine-in locations

Grand Marsh Food Pantry

608-931-6779

Food pantry open weekly to families and individuals in need. Open Tuesdays 3:30pm-4:30pm. Must be an Adams County resident.

HOUSING AND UTILITY RESOURCES

Energy Services

800-506-5596, www.energybenefit.wi.gov Assists households annually with energy assistance, emergency fuel assistance and emergency furnace repair and replacement.

Central Wisconsin Community Action Council -Adams County Rental Assistance

608-254-8353 Main Office, www.cwcac.org Serves Adams County for emergency rental and helps with the homeless program.

Integrated Community Solutions (Section 8) Housing Choice Voucher Program

920-498-3737, www.ics-gb.org Applicants must meet income guidelines.

Renewal Unlimited - Housing Assistance Program

800-344-7543, www.renewalunlimited.net Homeless Prevention Program provides assistance to low to moderate income families with rental assistance, either a grant or a 0% interest loan.

Catholic Charities St. Lawrence Community Services

715-849-3311, www.cclse.org

May assist with rent and/or utilities. Not emergency assistance. Due to increased need, the assistance time frame varies and can be longer than 6 weeks. Requires multiple meetings and funds are not guaranteed. Income eligibility requirements.

Rural Housing

888-400-5974, www.wisconsinruralhousing.org Rent/Mortgage Assistance: May help income-eligible clients with payment towards rent and security deposits, back taxes and mortgage payments to prevent foreclosure.

Utility Assistance: Offers payment assistance to eligible clients facing eviction because of past due utility bills. No assistance if disconnected. Budget plan required. Funds may be limited.

Forward Services Corporation

855-733-1311, www.fsc-corp.org Emergency assistance may be provided to help with security deposit, first month's rent, to prevent eviction for non-payment of rent or utility disconnection

enTouch Wireless

Contact United Way's 211 to find out how to apply. Offers free wireless cell phone minutes to eligible individuals. Must have own phone.

CLOTHING/HOUSEHOLD

Practical Cents Resale Store

608-339-2278

Sells used clothes, household items and furniture at a low cost. Provides jobs to adults with disabilities.

St. Vincent de Paul Society

608-254-4011. Wisconsin Dells

Serves Adams-Friendship and southern Adams County. Used clothing and furniture at low prices in the store.

ADDICTION AND MENTAL HEALTH/ABUSE

Wisconsin Addiction Recovery Helpline

833-944-4673, www.addictionhelpwi.org Statewide resource for finding substance use treatment and recovery services.

Alcoholics Anonymous Meetings

608-222-8989, www.area75.org

Narcotics Anonymous Meetings

800-240-0276, www.wisconsinna.org

Al - Anon Family Meetings

888-425-2666, www.area61afg.org

Nar - Anon Family Meetings

800-477-6291, www.nar-anon.org

Adams County Health & Human Services

608-339-4505, www.co.adams.wi.us (click on Departments & select Health & Human Services) Outpatient clinic provides mental health and AODA therapy. Also provides psychiatric and psychological services to all open clients, and case management to eligible clients.

Adams County Crisis Intervention

608-339-4505

After Hours Crisis Line - Northwest Connections 888-552-6642

Noble Community Clinic- Friendship

608-474-4355, www.nobleclinics.org
Offers outpatient substance use recovery services
including medication assisted treatment when
appropriate. Provides an innovative approach to treating
heroin and opioid prescription drug addiction which
includes ongoing case management services, mental
health services, and additional wraparound support to help
promote recovery.

Hope House of South Central Wisconsin (Baraboo)

800-584-6790 Helpline 24 Hour, www.hopehousescw.org Offers emergency shelter, food, clothing, support groups, legal assistance, resources for counseling, and transportation for domestic violence victims. Also provides services for sexual assault victims. Prevention information and community domestic violence education available. Serves Adams County.

CHILD CARE RESOURCES

Childcaring, Inc.

715-841-9490 or 800-628-8534, www.childcaring.org Assists parents in their search for childcare. Referrals to Certified/licensed childcare, informational materials, etc. Good Start Grants help low-income families pay for childcare.